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## INNOVATIVE DEVELOPMENT STRATEGIES OF SUMMER HEALTH PROGRAMS IN PRESCHOOL EDUCATIONAL ORGANIZATIONS

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*This article analyzes modern approaches to the effective organization of summer wellness activities in preschool educational organizations, innovative methods and integration of digital technologies. The importance of family collaboration and multidisciplinary approach is also covered.*

**Introduction.** Preschool education — human The first and most important thing in life important stage is the child's personality formation, health, social and psychological development exactly this in the period basis insertable is a process. In childhood taken knowledge, skills and experiences human next in fate, thinking, health and society in place important role plays. Therefore, today's on the day preschool education system modernization to do, quality pedagogical services show and most The main thing is to be healthy, physically and mentally. in terms of stable generation formation state of the policy priority from directions one is considered.

Summer health improvement activity and this of the process indispensable and relevant structural is part of. Vacation period children's health restore, their psycho-emotional status stabilizes, self-free expression through play, creativity and sports study opportunities expansion for comfortable opportunity It is summer. health improvement programs children's year during gained potential to strengthen them active recreation through to develop service does. Modern approaches this shows that preschool in education health improvement works only physical exercises or simple games with limited absence need. Today innovative education technologies, digital applications, STEAM elements, environmental upbringing projects, gamification and family cooperation based on activities through this the process further effective, interactive and developmental in appearance organization to grow possible. Also, Uzbekistan Republic preschool education in the system in practice " First Step " state based on the curriculum child's physical, speech, cognitive, social-emotional and aesthetic-creative development directions into account received without summer health improvement activity organization to do the most acceptable from methods one is considered.

So so, this in the article preschool education in organizations summer health improvement of programs content, them innovative develop strategies, modern of technologies place, as well as parents with cooperation effective methods analysis The article previously being pushed opinions and recommendations preschool in education health improvement activity new to the stage take to go out service does.

Childhood is life for preparation period is, exactly this in stages in the child physical, mental and moral in terms of healthy and stable person's basis This perspective is formed. from the perspective of, before school education in organizations especially summer health improvement season meaningful and purposeful organization to grow extremely important. Uzbekistan Republic Preschool and school education ministry by approved "First Step " state curriculum preschool education in organizations education systematic and developmental in a way take to go for main methodical document is considered. This program child's every one-sided development 5 important things that provide developer sectors own inside takes.

Development sectors according to competencies mutual related without improvement child's every one-sided development provide, as well as his school education was next to the stage without problems to pass and to him ready to be, to begin with in education competencies formation for is necessary. The child's competencies of child development following in the fields is marked :

- physical development and healthy marriage of style formation
- social-emotional development
- speaking, communication, reading and writing qualifications
- know process development
- creative development

Summer health improvement programs are exactly the same this directions based on if formed, the child natural interests and abilities open opportunity expands. Preschool of age children's summer health improvement period further interesting and educational organization to us help gives. From this outside today's day educators from innovations correct using various kind interactive methods, children attraction doer heart hungry programs They are creating. That is why children development summer in the fields health improvement in programs important importance has. Children to develop summer health improvement of programs effect high at the level will be. And in this we, educators, to children correct education to give their ways our organization need. Preschool education in organizations summer health improvement in programs children's development to the field impact to be able about briefly stopped Let's go.

#### ***Physical development and healthy marriage of style formation***

This area is responsible for the child 's physical activity, coordination, and fine and gross motor skills. motor skills to the formation Summer health improvement in their activities :

- Mobile games ;
- Sports relays ;
- Water and outdoor activities;
- Children's physical development is ensured through dance and musical exercises.

#### ***Social-emotional development***

This direction allows the child to express his/her feelings. understanding, management, etc. with social to relationships to enter skills develops. Summer in the period :

- Collective games ;
- Rolfic performances, theatrical scenes ;
- Psychological trainings and fairy tale therapy through this to develop contribution is added.

#### ***Speech, communication, reading and to write qualifications***

In the child right and fluent the speech formation, word wealth expand, in dialogue participation to grow skills this direction main Summer in health care :

- Poetry to say competitions ;



- Fairy tale telling and story to compose games ;
- " Word Find" games and fun questions and answers through speech is developed.

### ***Knowing process development***

The child thinking, perception to remember, to remember stay, compare and analyze to do ability develops. Summer activities via:

- STEM activities;
- Experiments, observations;
- Logical games and intellectual in relays participation cognitive to develop service does.

### ***Creative development***

This kid is an aesthetic taste, art was interest, visual and musical creativity development directed. Summer in the period :

- In nature pictures drawing;
- Natural from materials collage to make;
- " Summer" fashion shows, singing and dancing choices aesthetic skills develops.

These directions health improvement to programs integration

"First Step " program every one development field summer health improvement programs via:

- Interactive games, healthy food choice, health days, creative workshop, eco-projects with harmonized;
- The child own potential free manifestation to do for conditions creates;
- The educator active participation and family cooperation through good quality result gives.

Summer health improvement programs working in the "First Step " program when exiting developer directions main support as acceptance to be done It is necessary. It is not only health improvement efficiency increases, maybe children's every one-sided formation provides.

Modern education technologies intense development, environmental and social problems in the background children health to strengthen aimed at innovative health improvement strategies current to grow current task become is going on.

Preschool of age children's healthy marriage style shaping, physical activity increase, ecological culture develops and emotional status in strengthening summer health improvement of programs place is incomparable. Today on the day this activity innovative

approaches based on organization to grow education system in front of standing important from tasks is one.

### ***1. Innovative approaches***

Innovative health improvement activities the following own inside takes :

- STEAM games based on activities – in children engineering, observation, and logic thinking develops ;
- "Green Corner " projects - ecological culture in increasing effective tool is considered ;
- Sports games gamification – digital applications through mobile games fun and competitive to do

### ***2. Integration of digital technologies***

- Interactive whiteboards, mobile applications, virtual excursions children's active participation and worldview expands ;
- AR ( augmented reality) reality ) digital representation of real objects through display mastery level increases.

### ***3. Parents with cooperation***

- Parents active participation to provide for mobile apps, webinars, family sports events organization is being done;
- " Healthy" "Family - Healthy Child" clubs through healthy marriage style promote will be done.

### ***4. Organizational strategies***

- Multidisciplinary approach: pedagogical, psychological, medical employee and coaches team cooperation;
- Monitoring system: health promotion of programs digital tools to display results through assessment opportunity.

**Conclusion.** Summer health improvement programs innovative approaches based on develop children's physical and mental health improve with together, the social active, independent thinking individuals as to form service Such strategies today's preschool education process inseparable to the part rotation must. Summer health improvement of programs preschool education in the system role children's healthy and happy one-sided developed person as in the formation extremely is important. Innovative approaches based on organization done activities – not only children's physical health reinforcement, maybe their verbal, emotional, cognitive and aesthetic potential to increase service does.

In the article as highlighted, STEAM education, environmental education, digital technology integration, and family to cooperation-based strategies through summer health

improvement events modern content with enrichment possible. Especially in the “First Step” program designated 5 main things for a child development area – physical, speech, cognitive, socio-emotional and aesthetic development — programs basis organization to be able necessary. This strategies to practice current to grow through in children healthy marriage in style relatively conscious attitude, creative thinking, in a team performance and environmental culture like important skills are formed. These are their future school education, society to life ready to be ground creates.

So so, before school education in organizations summer health improvement programs innovative basically organization to grow today's education reforms inseparable structural to the part rotation necessary. In this direction systematic planning, skilled experts participation and parents with stable cooperation separately importance profession will reach. Today globalization under the circumstances healthy and happy one-sided developed generation upbringing education system priority in the direction of Especially before school education in the phase healthy marriage style shaping, children physical and psychological health provide through their next education to the stages ready in case enter to go provide possible. This in the article as illustrated, summer health improvement programs modern pedagogical technologies, environmental projects, STEAM and digital approaches with enrichment – health improvement process innovative quality level increases. The 5 areas of development defined in the “First Step” program serve as the basis. If each area - physical, speech, cognitive, emotional and aesthetic development - is implemented in an inextricable link with summer activities, the child's potential will be fully revealed. In addition, factors such as cooperation with parents, integration with society, the creative approach of educators and the creation of a healthy environment determine the effectiveness of health-improving work.

In conclusion, the transition of summer recreation processes from traditional approaches to innovative forms serves to develop children's health, worldview, independent thinking, and social activity. This creates a solid foundation for the formation of healthy, educated, creative, and patriotic citizens in the future.

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