

THE RELATIONSHIP BETWEEN OBESITY AND DIABETES

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ABSTRACT:

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This article highlights the principles of functioning and structure of tissues in the human body, the relationship between obesity and diabetes, their structural unity, similarities, functions, and harmful effects. In addition, the role of obesity and diabetes in supporting the activity of organs and organ systems is analyzed.

Introduction

Obesity and diabetes are closely related conditions. Lifestyle, diet, and physical inactivity play major roles. Proper prevention and management can reduce risks and improve health outcomes significantly.

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Pathophysiology

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Insulin Resistance

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Risk Factors

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Prevention

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Conclusion

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