

**ORGANIZATION OF PHYSICAL EDUCATION CLASSES OF SCHOOLS OF  
GENERAL SECONDARY EDUCATION ON THE BASIS OF A PROJECT  
APPROACH**

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**ABSTRACT:**

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*In this article, in addition to lessons in general secondary educational institutions physical education-the organization of Health and mass events specifics are briefly considered.*

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**KEY WORDS:**

*pedagogy, education,  
sports, education*

**INTRODUCTION.** Popularization of physical education and sports in our country social the policy is defined as one of the most important directions. Because sports population strengthening health, educating the younger generation as healthy and harmonious through it decides a healthy lifestyle in society. To regularly engage the younger generation in physical education and sports attraction, selection of talented athletes in sports, training and improve skills, train personnel, modern technologies in the field introduction and expansion of international relations, material and technical bases strengthening and development of physical education and sports are the main one of the tasks is considered.

The state of bringing up a healthy and harmonious generation in our country one of the priorities of his policy is to preserve the gene pool of the nation, formation of a healthy lifestyle in the family, society, high in sports looking for able, talented athletes who can show results, development of sports and increase their popularity, qualifying talented athletes and training highly qualified coaches, sports facilities establish full and efficient use of capacity consists of putting. Also, all sports built in educational institutions establishing full and efficient use of facilities capacity, further development of physical education and

sports, healthy lifestyle popularization, improvement of student-youth in educational institutions and Organization of sports sections for regular sports activities, meaningful transfer of extracurricular leisure of student-youth educational institutions for sports held with them in gyms in addition to expanding the scope of events and competitions, mass sports the transformation into a nationwide movement is one of the pressing issues of today is considered mold. Therefore, the state policy on physical education and sports in our country special attention is paid as one of the most important directions.

For this purpose, the Republic of Uzbekistan dated September 4, 2015 Law No. 394"on physical education and sports", President of the Republic of Uzbekistan on June 3, 2017 measures for the further development of upbringing and mass sports decree of the president of the Republic of Uzbekistan"on PQ-3031 As of March 5, 2018, "Public Administration in physical education and sports PF-5368 " on measures to radically improve the system- Decree Number, 2018 of the Cabinet of Ministers of the Republic of Uzbekistan Organization of sports clubs in the presence of State educational institutions " of July 16 decree of the Republic of Azerbaijan"on measures to create a new state of the Republic of Uzbekistan The Cabinet of Ministers of the Republic of Azerbaijan dated February 13, 2019 "2019-2023 physical education and Mass in the Republic of Uzbekistan for years on the approval of the sports development concept " No. 118 goals and objectives set in the decisions of the lesson in educational institutions in addition to physical education-wellness and mass-sports activities aimed at serving development.

Development of mass sports and qualifying of talented young people priority areas of educational institutions in the field of (selection) the following defined:

- in preschool institutions-primary Gymnastics and physical by training in action games in Educators for development and health promotion formation of interest in physical education and sports activities;

- in secondary schools-physical education among students sorting talented young people with the involvement of their teachers (selection) as well as the sports reserve of children's and youth sports schools in order to form later in regional sports competitions extracurricular sports clubs and sectors to participate in Organization of training (at least 4 hours a week);

- in secondary special, vocational educational institutions — from among students attracted physical education teachers and sports trainers sorting and specialized children and talented young people without youth sports schools in order to form a sports reserve later participation in regional and Republican sports competitions for extracurricular sports in

Olympic and National Sports Organization of training camps and sects (at least per week From 6 hours);

— in higher education institutions-sorting talented young people national teams in (selection) and sports and Republic in order to form the sports reserve of higher sports skills schools later Olympic and national in Republican and international sports competitions students in sports organize sports clubs as well as teams ;

- formation of a healthy lifestyle among students and young people extensive promotion of physical education and sports, their regular creating conditions for them to engage in physical education;

-Organization of teams in student-youth sports, various sports competitions and mass physical education between them by organizing its events in particular "School League", "student League determination of young athletes;

-for training in the process of physical education and sports attracting qualified trainers and specialists, as well as advanced introduction of experience.

At the same time, some disadvantages in educational institutions availability, student-regular with physical education and sports of youth creating conditions for their engagement and among the student-youth a series of systematic work on the selection of talented athletes causing problems;

I. "Physical education" classes in educational institutions and this there is a need to increase the number of science teachers:

- Classes" physical education " in schools of general secondary education it is held from 1 academic hour (45 minutes)per week. Upper class its students are divided into boys and girls as well as "individuals increase the lessons" upbringing " from 2 hours a week to 4 hours, as well as from the lesson in addition to providing funds for sports clubs;

- The subject of "physical education", both in professional educational institutions classes from 1 academic hour per week (80 minutes) at 1 Stage per week held. In general, classes in 2-stage students have shrunk no physical education classes are held;

-in most Osms, "physical education" classes are only 1 of teaching the stage is held from 2 academic hours (80 minutes)per week. Lesson at the expense of the scarcity of hours, the number of science teachers has shrunk only Of the 2 remaining physical education teachers;

- currently, there are a total of 717 people in the existing ATMs in the Respublika Professors and teachers of" physical education " are working. According to the analysis, 1 subject of "physical education" in the Republic the average number of students per teacher is 484;



- Physical education departments in only 40 (43.9%) of OTMs available, in the remaining 51 (56%) teachers of "physical education it operates in other humanitarian departments. In the result, all of the OTM physical education and sports of students studying at the stages involvement in training, sectionals and clubs in sports organization efficiency remains low.

II. Increase in the number of sports facilities of educational institutions as well as further work on improving the material and technical base of existing ones should be strengthened:

III. Activities in educational institutions (sports clubs and sectors) Ministers of the Republic of Uzbekistan for further improvement of efficiency The Cabinet of 16 July 2018 " at the state educational institutions on measures for the establishment of sports clubs " No. 542 in accordance with the regulations approved by the resolution, the training of sports clubs by teachers of the subject "physical education" of institutions Organization of necessary sports clubs on a public basis to take measures need:

Elimination of the above problems, in the educational system further development of student-youth sports, physical development of student-youth in order to effectively organize the work of wide involvement in education and sports the following are offered:

1. Physical education in the structure of the Ministry of higher and secondary special education and Organization of the Department of physical education and sports, which is responsible for the field of sports ;

2. As of the 2019/2020 academic year, all educational institutions have The subject of "physical education" is to increase the hours of classes and vocational education and higher education institutions introduce students to all stages;

3. Educational institutions organize sports clubs and from the lesson in addition to sports clubs (sects) as well as "sprouts of Hope", "harmonious generation" and in the sports competitions of the " Universiade " in public the student-youth the system of financing sports clubs to ensure their participation introduction;

4. Effective activities of sports clubs organized in osms conduct, attract students more to sports clubs and sects, worthy encouragement of their participation in sports competitions, education with the storage of existing sports facilities and sports equipment in the institution as a financial resource of sports clubs for the purpose of providing a permanent 10 of the funds that students receive from the payment contract money every year % orientation;

5. Specific financing of the " Uzbekistan Student Sport " Association optional entrance membership fees as well as higher education as sources funds of the fund for the development of the material and technical base of the countries marking is considered desirable.

The decree of the president of the Republic of Uzbekistan noted above and in order to ensure the implementation of their decisions, it is necessary to conclude that , a student studying in educational institutions-from the lesson of young people then the sports section on the effective organization of free time and effective operation of clubs, regular with physical education and sports creating conditions for their engagement and among the student-youth to systematically organize the work of sorting out talented athletes, as well as continuous 3-step " sprouts of Hope," harmonious generation "and ""Universiade" ensuring quality passage of all stages of sports competitions, today in the organization of mass sporting events at a high level it is achieved through the establishment of sports clubs under educational institutions.

Student by forming sports clubs under educational institutions- youth extracurricular mass physical education and sports- further improvement of wellness activities, talented young people school national teams in qualifying (selection) and sports formation of reserve, educator and other worker of educational institutions involvement of employees in sports, as well as the activities of the Sports Club effective organization, development of physical education and sports, to activate and radically expand its material and technical base will focus on improvement.

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