
IMPORTANCE OF USING PEDAGOGICAL AND PSYCHOLOGICAL TRAINING IN CLASSES

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The educational process plays an important role in the development of every society. Teachers use different methods and methods to effectively organize the learning process of students. Part of these methods are pedagogical and psychological training. These trainings have a great impact not only on imparting knowledge in classes, but also on the personal and social development of students.

INTRODUCTION. Pedagogical training helps teachers to conduct their lessons more effectively. They allow teachers to use new pedagogical technologies in the educational process. Through these trainings, teachers will be able to update their knowledge and organize lessons that suit the needs of students. Pedagogical training helps teachers to make lessons interactive and interesting, to attract students' attention and ensure their active participation. Psychological trainings are conducted in order to improve the mental state of students and help their personal development. Mental health of students is important in the educational process. Through psychological training, students learn to understand their emotions, manage stress, and develop social skills. This increases students' interest in lessons and helps them to develop self-awareness. The use of pedagogic and psychological training in lessons develops students' ability to self-assess. Students will have the opportunity to analyze their successes and understand the challenges they face in achieving their goals. This process increases students' self-confidence and motivates them to be more active. Pedagogical and psychological trainings also help to develop teamwork in classes. Students learn to work together, share ideas and help each other. This makes the classroom environment more positive and productive. Students improve their relationships and develop love and respect for each other. In addition, pedagogical and psychological training develops students' ability to solve problems. Students learn the strategies needed to identify and solve their own problems. This process will help them prepare for the challenges they will face in life in the future. The use of pedagogical and psychological training in classes

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has a positive effect on the professional development of teachers. Teachers will have the opportunity to update their knowledge and skills and apply new approaches and methods to their lessons. This increases their interest in their work and helps organize the educational process more effectively.

The relationship between students and teachers is also improved through pedagogical and psychological training. Teachers learn to better understand students, identify their needs and respond accordingly. This makes the classroom environment more positive and helps students feel at ease. In general, the use of pedagogical and psychological training in classes increases the effectiveness of the educational process. Students are active in the learning process, improve their relationships and achieve personal development. Teachers will have the opportunity to update their knowledge and skills and make their lessons more interesting and effective.

Pedagogical training is important in the educational process. They play an important role in developing the professional skills of teachers, improving the quality of education and improving the learning process of students. First, pedagogical training helps teachers learn to use modern educational methods and technologies. Teachers learn new pedagogical approaches, interactive teaching methods, and how to take into account the individual needs of students. This will make the learning process more effective and interesting. Second, trainings provide opportunities for teachers to share their experiences, learn from each other, and work collaboratively. Teachers discover new ideas and approaches through exchange of ideas, which helps to improve the quality of education. Thirdly, pedagogical training also serves to improve the psychological and emotional state of teachers. The learning process can often be stressful and difficult.

Through the training, teachers learn skills to motivate themselves, manage stress and increase interest in their work. Also, pedagogical training contributes to the renewal and development of the educational system. Teachers adapt the educational process to the requirements of the times by acquiring new knowledge and skills. This ensures that students receive quality education and lays the groundwork for their future success. In general, pedagogical trainings are important in the educational process for the professional development of teachers, improving the quality of education and ensuring the success of students. They are the main tool in developing the education system and adapting it to modern requirements.

Conclusion:

Therefore, it is necessary to pay special attention to pedagogical and psychological training in the educational system. Through these trainings, the relationship between students and teachers will be strengthened, the educational process will be more effective, and a great contribution will be made to the intellectual and spiritual development of the next generation. The use of these trainings in the classroom will improve the quality of

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education, increase the self-confidence of students and create a solid foundation for their future.

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